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WEEK ONE PRAYERS OF LAMENT

BIG IDEA

IT'S OKAY TO GET **REAL** WITH GOD.

SCRIPTURE/QUOTE:

- "To lament is to taste the tears of Heaven." Psalms 81-88
- "Lament is a cry of belief in a good God.
 a God who has His ear to our hearts, a
 God who transfigures the ugly into
 beauty." Ann Voskamp

STARTER:

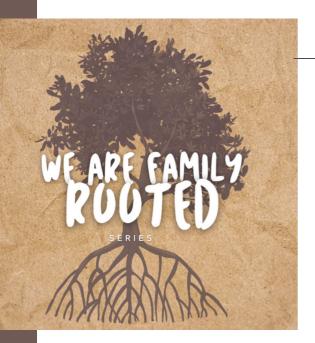
What do you think about when you hear the word lament?

- Complaining?
- Whining?
- Maybe you don't even know what the word means.?

Many of you have possibly never heard of the word "lament". The Biblical definition of the word "lament" is a prayer expressing sorrow, pain, or confusion. In simpler terms, it means to get real with God. It means to let go of pretty prayers and lay it all out before Him: the good, the bad, and the ugly. As we learn to pray, implementing "prayers of lament" helps us to truly learn that God does care about everything, little or big.



WEEK ONE



1. PRAYER OF PAIN

1. A prayer of lament is so much more than just crying and complaining to God about our problems. It is a prayer exposing a part of us we like to keep hidden...a prayer of pain... It is a prayer exposing a part of us we like to keep hidden...a prayer of pain.

We read in Psalms 81-88 where David has led a broken life. He was close to God's heart, stayed lions and giants, but fell short and sinned. David cries out to God in Psalm 88:6-12 "6 You have put me in the lowest pit, in the darkest depths. 7 Your wrath lies heavily on me: you have overwhelmed me with all your waves. 8 You have taken from me my closest friends and have made me repulsive to them. I am confined and cannot escape: 9 my eyes are dim with grief."

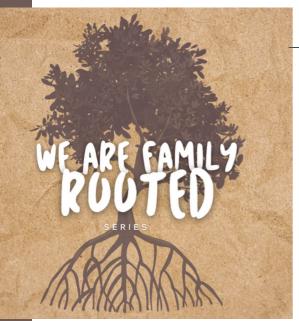
David lays it all out. He lets God see all of his broken pieces and says "This is how I feel." So many times many times we as Christians are afraid to reveal our broken parts, not only to people around us but sometimes even to God. We fear shame and rejection and we hold back and only let the pretty parts show. We start to wear a mask. David understood that he could no longer hold back. After all he had been through he realized for him to get things right, he had to get real. God can handle your pain. He can handle the real you. A prayer of lament gives a voice and words to the emotions you feel when you are suffering or going through a tough time.

Does this feel familiar?

A real relationship with Christ begins with a real prayer...Don't be scared to reveal it all to Him. These types of prayer might cause you to ask two questions: (1) "God. where are you?" (2) "You say you love me. why me.? Why is this happening to me?" This leads to our next point...







2. PRAYERS OF TRUST

Prayers of lament are so much more than just pouring out our complaints and issues to God...A prayer of lament is a prayer of pain that leads to trust.

Ann Voskamp says "Lament is a cry of belief in a good God, a God who has His ear to our hearts, a God who transfigures the ugly into beauty."

Our prayers of lament and asking the tough questions is a form of praise, believe it or not. You might think it's the opposite of praise but it isn't. Prayers of lament are a pathway to praise as we walk through pain and disappointment. Let's look at a woman in the Bible who turned a broken thing into a moment of praise...

In Luke 7:36-39 we read about a broken, sobbing, and unnamed woman entering the house where Jesus is eating. The Bible tells us she lived a sinful life. She brings before him a very expensive box made of alabaster containing perfume...the cost of this box and perfume would be about \$50-\$55.000 in today's terms. She brings this box and BREAKS it before the Lord and pours the perfume on Jesus's feet and anoints him with it. She cries and washes his feet with her tears and dries them with her hair and pours the perfume over the feet of Christ...what is so significant about this story?

This woman was in pain and lived a broken life and she still held one thing dear. She still had one thing that she valued...and she brought that thing to Jesus. in her sin. and she broke it and laid it all before him. People were talking, gasping, trying to stop her, but she knew she could trust Jesus. In her moment of lament, her pain was turned into trusting the man who could fix it all. The pain she felt was taken away at the feet of Jesus. She got real with Jesus and He delivered her. He forgave her.

Maybe you find yourself in a situation like this woman. Maybe you haven't accepted Christ yet or maybe you have but life has happened and you have once again found yourself broken and afraid that you are too far gone... break it before Him. Maybe you are asking the questions (1) "God. where are you?" (2) "You say you love me. why is this happening to me?" It is in the space that the grace and mercy of Jesus shine the brightest.

The space between your brokenness and God's wonderful mercy is where this prayer comes from think of lament as a transition between pain and promise it is the path from heartbreak to hope.





WEEK ONE PRAYERS OF LAMENT

BIG IDEA

IT'S OKAY TO GET **REAL** WITH GOD.

SMALL GROUP QUESTIONS

- 1. What are your thoughts about complaining to God?
- 2. What does getting real with Jesus look like to you?
- 3.Do you think the church has a problem with wearing masks and pretending that "everything is fine" yes or no?
- 4.What can we do as a generation rising up to fix this?





WEEK TWO
PRAYERS OF OBEDIENCE

MAIN POINTS

- 1. THE DESIRE FOR OBEDIENCE
- 2. THE STRUGGLE WITH OBEDIENCE
- 3. THE HOPE FOR OBEDIENCE

SCRIPTURE:

"Lord. you are mine! I promise to obey your words! With all my heart I want your blessings. Be merciful as you promised. I pondered the direction of my life and I turned to follow your laws. I will hurry without delay to obey your commands. Evil people try to drag me into sin. but I am firmly anchored to your instructions. I rise at midnight to thank you for your just regulations. I am a friend to anyone who fears you—anyone who obeys your commandments. O Lord. your unfailing love fills the earth: teach me your decrees." Psalms 119:57-64 NLT

STARTER:

In Psalm 119:57-64. we find a series of prayers that reflect a deep desire for obedience to God's law. These verses teach us important lessons about prayer and obedience. Obedience is a choice. Our flesh always points us to disobedience, but our prayers should ask God to teach us the ways of obedience. We should pray that the Lord reveals to us the path of obedience towards Him. Aka. "This is the Way"



WEEK TWO



THE DESIRE FOR OBEDIENCE

Psalms 119:57-58 says. "Lord. you are mine! I promise to obey your words! With all my heart I want your blessings."

- 1. These verses reveal the psalmist's strong desire to obey God's law. What a declaration toward God! You are mine! In this statement, the psalmists choose to possess God. When we choose to accept God and His Son we are obedient to the Lord's commands. We submit ourselves unto Him so that by doing so we can now become aligned with His will in our lives.
- 2. When we declare this in our Prayers, we position ourselves near God. He desires to be our possession. He wants our heart to be his. Jesus tells us in Matthew 22:37 "You must love the LORD your God with all your heart, all your soul, and all your mind."
- 3. We must choose to be obedient with fervor. It must be a desire. If not, how could one Love the LORD our God, with ALL of our heart, ALL of our soul, and ALL of our mind?
- 4. We must make a prayerful commitment, a covenant to keep all the LORD's ways.

Our desire for obedience is not based on external pressures or rewards. Instead, it stems from a deep love and reverence for God. The psalmist seeks God's favor, not out of self-interest, but because He wants to please God.

THE STRUGGLE WITH OBEDIENCE

Psalms 119:59-60 says. "I pondered the direction of my life, and turned to follow your laws. I will hurry, without delay, to obey your commands," of my life, and turned to follow your laws. I will hurry, without delay, to obey your commands."



WEEK TWO



- I.These verses acknowledge the struggle that can come with obedience. Obedience is a choice, a lifestyle. And with that choice will come distractions to turn you away from the obedient path.
- 2. These distractions come in many forms, but through prayer and supplication, we can be overcomers!
- 3. So think about where you stand, even now. Do you need to redirect your feet toward the ways of the Lord? While in prayer. God will often reveal in your heart, where you stand. YKTYK! Once we know where we stand, what stops you from running back to the father? To hurry, back to Him? Without delay?
- 4. To return to Him takes effort, and an obedient heart. Our prayers should include asking the Lord to strengthen us to be obedient and to always hurry with haste back to His glory. It's not by might, nor by power but by the Spirit says the Lord that we can be obedient.

Obedience is not always easy. It requires making choices that go against our natural inclinations. It requires discipline and self-control. But the psalmist is determined to obey God, even when it's difficult, and so should we.

THE HOPE FOR OBEDIENCE

Psalms 119:61-64 says. "Evil people try to drag me into sin. but I am firmly anchored to your instructions. I rise at midnight to thank you for your just regulations. I am a friend to anyone who fears you and anyone who obeys your commandments. O Lord. your unfailing love fills the earth: teach me your decrees." for your just regulations. I am a friend to anyone who fears you and anyone who obeys your commandments. O Lord. your unfailing love fills the earth: teach me your decrees."



WEEK TWO

- 1. These verses express hope amid difficulty. Even though the psalmist feels bound by wickedness, he does not turn away from God's decrees.
- 2. Obedience requires sacrifice. This is the model of Jesus Christ. His obedience to his Father's will was the perfect and righteous sacrifice for our sins.
- 3. When we choose to be obedient even when others around us are not, we become a living sacrifice to the Lord. Paul says in Romans 12:2 "Don't copy the behavior and the customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."
- 4. You may ask, but how do we do this? We can achieve this by praying and declaring to the Lord that you are His and will be obedient to Him. This declaration will empower you and His Spirit will come upon you to give you the strength to stand in the face of adversity.
- 5. Ephesians 6:13-14 "Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after battle, you will still be standing firm. Stand your ground, putting on the belt of truth and the body armor of God's righteousness."
- 6. When we humble ourselves to the Lord in prayer. We must take upon the same attitude of Christ Jesus. Philippians 2:5-11 says. "We must have the same attitude that Christ Jesus had. Though He was God. He did not think of equality with God as something to cling to. Instead. He gave up His divine privileges: He took the humble position of a slave and was born as a human being. When He appeared in human form. He humbled Himself in obedience to God and died a criminal's death on the cross. Therefore, God elevated Him to the place of highest honor and gave Him the name above all other names, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue declares that Jesus Christ is Lord, to the glory of God the Father.



WEEK TWO



- 7. Taking upon the attitude of Christ, will propel us to new heights, never thought imaginable. It will draw us to a closeness with our LORD God. It will change our prayers to be declarations of obedience.
- 8. Finally. The psalmist finds strength and encouragement in the company of those who fear God and obey His commands. He knows that he is not alone in his desire to please God.
- The Winterfest Theme this year is WE ARE FAMILY, and by being family in Christ Jesus, we pray for each other, encourage and love each other. We support each other during good times or bad, sad and joyful times. We PRAY to give our heart to the Lord, to declare our obedience, and to be strengthened by his presence in our lives.

CONCLUSION

The prayers of obedience in Psalms 119:57-64 teach us important lessons about the relationship between prayer and obedience. They remind us that:

- Obedience is a gift from God, but it is also a choice we must make.
- Obedience requires effort and perseverance, but it is ultimately a source of joy and satisfaction.
- Obedience is not an isolated act: it is part of a larger community of faith.
 We Are Family.

Let us pray for the desire, the strength, and the hope to obey God's law. Let us strive to live in accordance with His will, knowing that obedience is a path to true blessing.





WEEK THREE
PRAYERS OF PRAISE

BIG IDEA

I WILL PRAISE THE LORD!

SCRIPTURE:

"Let your steadfast love come to me. O Lord, your salvation according to your promise: then shall I have an answer for him who taunts me, for I trust in your word. And take not the word of truth utterly out of my mouth, for my hope is in your rules. I will keep your law continually, forever and ever and I shall walk in a wide place for I have sought your precepts. I will also speak of your testimonies before kings and shall not be put to shame for I find my delight in your commandments which I love. I will lift up my hands toward your commandments, which I love and I will meditate on your statutes." Psalms 119:41-48

STARTER:

"Who wants to try to win \$10 tonight?" The first student who comes up here and can answer the question:

"What is the longest chapter in the bible?" [Wait for response]

If you guessed Psalm 119 you are correct.

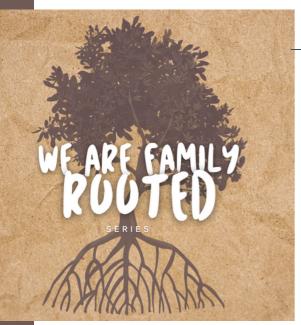
"Note from the writer of this message"

I wrote this message about Praise to be preached before the worship time in the service. This is optional but it may provide an opportunity to catch your students off guard

and have them engage because you did something different.







We are beginning a series tonight that is a study through Psalm 119. The longest chapter in the bible. It's full of great truth and I encourage you to read it for yourself.

Just to give you some context, the book of Psalms is our worship book in the bible. We can go there and read songs about every emotion that we go through on our Christian journey. I encourage you to use it as a songbook as you go through life. So many emotions are expressed: lament, praise, wisdom, etc.

The most well-known emotion as we sing in church is Praise.

Praise is simply defined - as expressing warm approval or admiration.

- Practically that may look like a hand lifted, applause being given, and possibly even your face lighting up when the name of a person or place is mentioned.
 - Similar to me when Cracker Barrell pancakes are mentioned or Jesus. It's mostly Jesus but also pancakes, lol.

*Turn with me to the 6th section of this Psalm that will have the heading Waw or Vav. I'm going to preach verse by verse.

Waw-Hebrew letter of the alphabet Wow or Vav- a straight line with a slight hook at the top conjunctive word like and or but. Connects two other words.

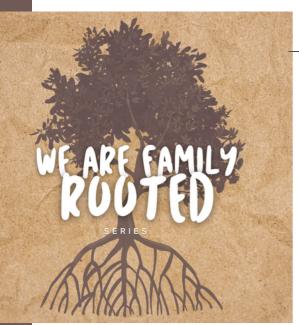
"Let your steadfast love come to me. 0 Lord. your salvation according to your promise:"

- The word translated as love is the Hebrew word Hesed.
 - It's defined like this: When someone went beyond what was required or expected, showing special kindness, love, mercy, etc., that was used. God gives us Hesed!
 - God went above and beyond what was required or expected by sending His son Jesus to die on the cross.
 - Our natural response to that is to Praise Him.

Say with me. "I WILL Praise God because He went above and beyond for me!"



WEEK THREE



"then shall I have an answer for him who taunts me. for I trust in your word?"

- The Bible refers to satan as our accuser. He is constantly trying to guilt and condemn us! He taunts us by reminding us of our past and the things we are currently struggling with.
- But we praise God because we can trust in his word.
 - Support text: John 8:32 God's truth sets you free

Say with me. *I WILL* Praise God because His word sets me free from the taunts of the enemy!

"And take not the word of truth utterly out of my mouth for my hope is in your rules."

- The psalmist asked for the word to stay within his mouth because his hope was in the word.
- The writer of the Psalm asks for help to speak of God's truth because it is hope for him!

Say with me. I WILL Praise God because His word is my hope!

"I will keep your law continually. forever and ever and I shall walk in a wide place for I have sought your precepts."

- I'm reading both of these verses together because they sound like our traditional forms of Praise. The Psalmist is declaring what he will do because he loves God and his word.
- We do that typically through songs during our Praise and Worship time (Goodness of God, Nothing Else, etc.)

Say with me. I WILL Praise God because HE gives me the strength to follow Him!

"I will also speak of your testimonies before kings and shall not be put to shame. for I find my delight in your commandments which I love. I will lift up my hands toward your commandments. which I love and I will meditate on your statutes."

I'll finish up by challenging you from these last few verses marked our final two "I will" Statements.

I believe verses 46-48 show how our God enabled Decision and our human emotions work in tandem.



WEEK THREE



- 1. I will speak of your testimonies- Boldness
 - a.God gives us opportunities to be bold for Him. (On the team. in our family. at your church)
 - b.God will give you the boldness through his spirit to say Yes and do things you would never be able to accomplish by yourself.

- c. The more you speak of his testimonies the more you will Delight in him.
 - The goal is not to just do it because someone told us to.
 - The goal is to enjoy/delight in God.

Say with me: *I WILL* Praise God because He makes me bold. He makes me delight in Him

- 2. I will lift my hands- Traditional Praise Posture
 - a.I believe there is a physical posture for Praise. I also believe that posture may change in different ways as you go throughout your Christian journey.
 - i.For example- one Sunday you may feel like you want to walk to the altar. but maybe next Sunday you simply close your eyes at your seat. I think we should focus less on the specific posture and more on encouraging each other to make the statement "I will" do something to posture myself in a place of Praise to God.
 - b. This posture gives us a chance to Meditate on the Goodness of God.
 - i. The truth is that you are always "meditating" on something. Think about it. You are meditating on the upcoming test, your family struggles, sin, the person you like, the upcoming ball game, etc.
 - ii.Posturing yourself for Praise gives you the chance to block out all that other junk and let things of God fill your mind.

Say with me: *I WILL* Praise God because I reach out to Him. I will meditate on his word!



WEEK THREE



Closing:

I want to invite you to do that tonight. We have intentionally started with preaching tonight because I wanted to encourage you to Praise the Lord tonight. I want you to say what the Psalmist said. The songs that we will sing will allow you to declare I WILL speak out the testimonies of God and I WILL lift my hands to him. As we have this time of Praise and Worship I invite you to Delight in God and Meditate on Him.

I'm going to pray now. After I finish let's go into a time of worship. And if you need anything from the Lord ask him.

Ask Him for a desire.

Ask Him for salvation.

Ask Him for freedom.

Just ask. Let's pray.

(The band will come and play)

"for I find my delight in your commandments which I love. I will lift my hands toward your commandments, which I love and I will meditate on your statutes." Psalms 119:47-48





WEEK FOUR
PRAYERS OF WISDOM

MAIN POINTS

- 1. WISDOM COMES ONLY FROM GOD
- 2. WISDOM COMES FROM SEEKING GOD
- 3. WISDOM COMES WITH A COST
- 4. WISDOM TEACHES
 YOU NOT TO COMPARE
 YOURSELF
- 5. WISDOM TEACHES
 YOU TO BE
 CHANGEABLE

SCRIPTURE:

- "For the LORD gives wisdom: from his mouth come knowledge and understanding"
 Proverbs 2:6
- "Teach me. Lord. the way of your decrees, that I may follow it to the end. Give me understanding, so that I may keep your law and obey it with all my heart. Lead me in the path of your commandments, for I delight in it. Incline my heart to your testimonies, and not to covetousness! Turn my eyes from looking at worthless things; and give me life in your ways. Turn away the reproach that I dread, for your rules are good. Behold, I long for your precepts: in your righteousness give me life!"

Psalms 119:33-40

- "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you"
 Matthew 7:7
- "If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."

James 1:5

- "My soul is consumed with longing for your rules at all times."

 Psalms 119:20
- "Create in me a clean heart. O God. and renew a right spirit within me. Cast me not away from your presence and take not your Holy Spirit from me." Psalms 51:10-11

WEEK FOUR



Intro: Welcome & Greeting - Define Wisdom

- 1. Wisdom the soundness of an action or decision about the application of experience, knowledge, and good judgment Wisdom is not just knowing, but knowing when and how to use it
- 2. We all have known that one really smart guy, who just doesn't know when not to say things or correct people INSERT PERSONAL STORY WHERE YOU KNEW SOMEONE WHO DIDN'T HAVE THE WISDOM TO BE QUIET Wisdom is important it may just keep you from a world of hurt

So where does wisdom come from?

Wisdom Comes Only From God

- Proverbs 2:6 "For the LORD gives wisdom: from his mouth come knowledge and understanding."
 - If you truly want to be a wise person, you have to get connected to the source of wisdom which is God

Wisdom Comes From Seeking God

- Psalm 119:33-34 "Teach me. Lord, the way of your decrees, that I may follow it to the end. Give me understanding, so that I may keep your law and obey it with all my heart."
 - The psalmist realizes that understanding and wisdom only come from God. so in this verse, they are praying not only that God would grant knowledge "teach me" - but also for "understanding" so that they can keep the laws and obey God with all their heart

Wisdom Comes With a Cost

- The cost of prayer
 - Psalm 119:33-34 the psalmist is praying for God to give them wisdom. Don't expect God to give you something if you aren't willing to ask him for it.
 - Matthew 7:7 "Ask, and it will be given to you: seek, and you will find: knock, and it will be opened to you"
 - James 1:5 "If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."
 - God grants wisdom to those who seek it



WEEK FOUR



- · The cost of obedience
 - Psalm 119:34 "Give me understanding, that I may keep your law and observe it with my whole heart."
 - They weren't asking for wisdom to use for selfish desire but so that they could be more faithful to God with it.
 - God grants wisdom with the expectation of obedience
 - God gives wisdom so you can use it to serve him greater, to honor him more, to keep his word better

Wisdom Teaches You Not To Compare Yourself

- Psalm 119:36 "Incline my heart to your testimonies, and not to covetousness!"
 - Covetous the great desire to possess something belonging to someone else
 - The psalmist asks God to turn his heart from the desire of having or being more like others & and to see the news of what God is doing
 - What if the first step of wisdom in your life is for you to stop coveting other people's blessings & and start celebrating what God has done through them
- Psalm 119:37 "Turn my eyes from looking at worthless things, and give me life in your ways."
 - Wisdom is looking less at these worthless desires we find on earth & and seeking life through Jesus
 - Instead of scrolling on TikTok, stop and read your word for five minutes – in other words, put away the things that you want and replace them with more of the things God desires for you
 - Wisdom is seeking less of what you want & and looking for opportunities to help others
 - If we want to be brothers and sisters in Christ we should be seeking opportunities to help our brothers and sisters



WEEK FOUR



Wisdom Teaches You To Be Changeable

- Psalm 119:39-40 "Turn away the reproach that I dread, for your rules are good. Behold, I long for your precepts: in your righteousness give me life!"
 - This teaches us to not dread correction but rather to desire and seek out God's correction and molding
- Psalm 119:20 "My soul is consumed with longing for your rules at all times."
 - We should desire God's leading and correction
 - To be changeable we have to be okay with being wrong, be willing to admit that we haven't got it all figured out and perfected
- God is not seeking perfect people but people who will be moldable to his will
- Psalm 51: 10-11 "Create in me a clean heart, 0 God, and renew a right spirit within me.11 Cast me not away from your presence, and take not your Holy Spirit from me."
 - This was a prayer of David a man after God's own heart People after the heart of God aren't perfect but they are willing to open their hearts and minds to him and let him create within them whatever he desires





WEEK FIVE
PRAYERS OF VINDICATION

MAIN POINTS

- 1. IT TAKES
 RELATIONSHIP
 2. YOU WILL NEED THE
 HOLY SPIRIT
- 3.LISTEN TO HIM NOT THEM

SCRIPTURE:

"Turn to me and have mercy on me, as you always do to those who love your name. Direct my footsteps according to your word: let no sin rule over me. Redeem me from human oppression, that I may obey your precepts."

Psalms 119:132-134

STARTER:

Have you ever been blamed for something you did not do? (This happens a lot if you have siblings or maybe a friend who struggles with jealousy) Think about the feelings that hit you when a parent tells you what your brother or sister told them you did or said Or maybe when the school office calls your name over the intercom and you make the walk thinking someone surprised you and brought you lunch only to find out the principal wants to see you because of what someone blamed on you. This happens more often than you think! Maybe it's even happened to you and you know the feeling. especially knowing that IT. IS. ALL. A. LIE. Now let's change it up. Think about the feeling you get when your parents tell you they need to talk to you or you get called to the principal's office KNOWING that you did something and someone has found out and you are going to be in trouble You get bubble guts and your palms get sweaty...and that's without eating Taco Bell the night before. Regardless of the scenario that you see or maybe you have found yourself in, you will do one of two things You will argue against it and you will admit to it



WEEK FOUR



Transition:

Let's be honest with ourselves. and not overcomplicate anything There are times when we try to argue to God when we need to admit to God Why? That answer is incredibly simple. He already knows your heart, your mind, your thoughts, your reasonsings, your words, literally everything You will never walk in the fullness that God until you have experienced the fullness of His forgiveness How exactly do you experience the fullness of His forgiveness? Psalm 119132-134 is a perfect starting point! Let's take a look and break this down into several things we need to understand.

#1 It Takes Relationship

- **Psalm 119:132 says.** "Turn to me and have mercy on me. as you always do to those who love your name"
 - When your parents say. "You're Grounded!" and they take away your phone, or game system, or distribute a different punishment, and then they sum it up by saying. "I'm doing this because I love you", it's really difficult to understand those words until you know their heart
 - Let's be real. You deserve God's punishment. You deserve Hell. I know that's an ouch moment, but it's the truth
 - But here is the amazing part about it, instead of distributing that punishment to us. God said. "I'm doing this because I love you" and He sent His son Jesus to take on the punishment that you and I rightfully deserve. That's how much He loves you
 - You will never fully understand His heart toward you until you allow Him to have a relationship with you
 - You will find the people who show the greatest mercy to you are the people who have the greatest love for you
 - That's Jesus! Call on Him. call to Him. His mercy is available to you. but it takes a relationship



WEEK FOUR



#2 You Will Need The Holy Spirit

- Psalm 119:133 says. "Direct my footsteps according to your word: let no sin rule over me"
 - The Holy Spirit does more than send goosebumps when you hear your favorite worship song or the preacher says an "Ooo. that's good" statement that's postworthy
 - The Holy Spirit is there to guide and direct you according to God's word
- He's there to help us receive what we need according to His word, and not what we want, because let's face it...a lot of times our wants and desires can lead us into a life that God has not prepared for us, and can sometimes lead us into sin
- When you allow the Holy Spirit to lead you, you give access to God's promises to overtake sin's problems

#3 Listen to Him. Not Them

- Psalm 119:134 says. "Redeem me from human oppression, that I may obey your precepts"
 - Another way to understand the fullness of God and His forgiveness is to understand if there is anyone who has your best interest in mind. He does.
 - What He is telling you is to prosper you and not harm you, to give you hope, a future, and a life that will allow you to experience His promises.
 This is where the Holy Spirit will be a huge help.
 - It's a must for you to allow the Holy Spirit to be the loudest voice in your life. There will be all kinds of things that people will try to speak over you. in you, and to you, that will be meant to hurt you. Understand this is one way the enemy will try to sidetrack you.
 - Do. Not. Listen. To. Them.



WEEK FOUR



The Landing

- 1.God wants you to experience Him fully, and He wants you to fully walk in His forgiveness
- 2. This takes having a relationship with Him. and recognizing that you can't do it alone, but you need the Holy Spirit
- 3.It also takes you understanding that the enemy will try to speak problems over you because he's trying to sidetrack God's promises given to you
- 4. The promise is not God giving you a perfect life, but promising that you can walk with a perfect God through life and have access to His forgiveness. His mercy. His Words, and Him

